



DELICIOUSLY *Fresh*

Opening Hours: 11 AM - 11 PM
From Monday till Saturday



ORDER NOW
81 464 746



INSALATABEIRUT



ACHRAFIEH, SIOUFI, BEIRUT

Salads

EXOTIC CRAB (247 KCAL)

Crab, Mixed Green, Lettuce, Avocado, Strawberry, Mango, Orange, Served with Strawberry Balsamic Dressing **\$11.50**

SPRING (296 KCAL)

Kale, Arugula, Quinoa, Avocado, Apple, Cherry Tomatoes, Pomegranate, Roasted Sweet Potatoes, Served with Balsamic Dressing **\$9.99**

CHICKEN NUTS (611 KCAL)

150 g Grilled Chicken, Quinoa, Purple & White Cabbage, Carrots, Arugula, Toasted Peanuts, Served with Spicy Ginger Dressing **\$9.99**

SALMON RICE (511 KCAL)

Smoked Salmon, Kale, Black Rice, Cabbage, Arugula, Soybeans, Avocado, Spring Onions, Pickled Ginger, Toasted Peanuts Served with Spicy Ginger Dressing **\$16.99**

GREEK (288 KCAL)

Feta Cheese, Lettuce, Arugula, Black Olive, Cucumbers, Cherry Tomatoes, Red Onions, Fresh Thyme, Served with Lemon Herb Dressing **\$6.99**

SHELIA CHICKEN AVOCADO (779 KCAL)

Charbroiled Chicken, Romaine Hearts, Mixed Green, Avocado, Tortilla Strips, Carrot, Cashews, Cilantro, Served with Spicy Peanut Dressing **\$8.99**

ASIAN (348 KCAL)

Rice Noodles, Mixed Green, Purple & White Cabbage, Carrots, Toasted Sesame Seeds, Peanuts, Pickled Ginger, Edamame Served with Asian Dressing **\$8.99**

SHRIMP MANGO (370 KCAL)

Roasted Shrimp, Mixed Green, Quinoa, Avocado, Almond, Mango Salsa, Served with Balsamic Honey Dressing **\$11.99**

CHICKEN CAESAR (552 KCAL)

Grilled Chicken, Romaine Lettuce, Parmesan, Pita, Served with Caesar Dressing **\$7.99**

Cold Sandwiches

SMOKED SALMON (600 KCAL)

Crème Cheese, Smoked Salmon, Capers, Dill, Lemon Wedges **\$11.99**

CHICKEN PARMESAN (775 KCAL)

Chicken Breast, Parmesan Salsa, Arugula, Mustard, Tarragon Sauce **\$6.99**

TURKEY & CHEESE (520 KCAL)

Turkey, Cheese, Tomato, Pickles, Parmigiano Salsa **\$7.99**

GRILLED VEGGIE (780 KCAL)

Goat Cheese, Roasted Artichoke, Red & Green Pepper, Roasted Oven Tomatoes, Kale, Almond, Pesto Sauce **\$7.50**



HALLOUMI BASIL (900 KCAL)

Halloumi, Basil, Black Olive, Tomato, Cucumber **\$5.50**

Pasta

PESTO ALLA GENOVESE (703 KCAL)

Spaghetti, Grilled Chicken, Pesto Sauce, Fresh Mushrooms, Parmigiana **\$10.99**

SHRIMP SALSA ROSA (407 KCAL)

Spaghetti, Salsa Rosa, Fresh Mushrooms, Shrimps, Coriander, Parmigiana **\$14.99**

TORTELLINI PROSCIUTTO E FUNGHI (938 KCAL)

Ham or Turkey, Fresh Mushrooms, Fresh Cream, Parmigiana **\$13.99**

TAGLIATELLE AL POLLO E FUNGHI (788 KCAL)

Chicken Breast, Fresh Cream, Fresh Mushrooms **\$13.99**

Beverages

MINERAL WATER **\$0.70**

SPARKLING WATER **\$1.70**

FRESH ORANGE **\$2.50**

FRESH LEMONADE **\$2.50**

FRESH CARROT **\$2.50**

PEPSI / DIET PEPSI **\$0.90**

7UP / DIET 7UP **\$0.90**

MIRINDA **\$0.90**

ICED TEA **\$1.99**

